

Exemplary Sexual Health Education (ESHE) Implementation Checklist

KEY:
CDC = Adolescent Health & Academic Equity Grant Required Activity
STATE = MN State Statute
★ = Gold standard: Best practice and supports sustainability

Rating: 2 = Fully in place • 1 = Initially or partly in place • 0 = Not yet in place

Practices for Sustainability				
Key	Feature	Rating		
★	1. The District uses student behavior data to determine student needs in sexual health education (Examples: Minnesota Student Survey, the Bird’s Eye View analysis)	2	1	0
CDC	2. The District has established a written curriculum framework for sexual health education that outlines which general sexual health topics delivered at which grade levels. <i>Example - In grades k-2, students will receive information about friendships and feelings, different kinds of family structures, proper names for body parts, and setting boundaries for their body.</i>	2	1	0
★	3. The District has a written scope & sequence that describes what students will know, and be able to do, as a result of instruction in sexual health at specific grade levels (also known as learning targets, benchmarks, standards, or performance indicators). <i>Example - By the end of 5th grade, students should be able to: Identify medically-accurate information and resources about puberty and personal hygiene.</i>	2	1	0
★	4. The District uses criteria for how they select curriculum that: <ul style="list-style-type: none"> • Is informed by national standards - National Health Education Standards and/or National Sexuality Education Standards 	2	1	0

	<ul style="list-style-type: none"> Meets the District's requirements for selection Meets current Minnesota Statutes 			
★	5. The District implements sexual health education that addresses all 7 topic areas in the National Sexuality Education Standards . This includes accurate information and teaching methods reflecting gender diversity and sexual orientation diversity .	2	1	0
CDC	6. The selected curricula are formally adopted at the building level or District level, as appropriate	2	1	0
CDC	7. The District offers an evidence-based or evidence-informed sexual health program at least once during the Middle School years	2	1	0
CDC	8. The District offers an evidence-based or evidence-informed sexual health program at least once during the High School years	2	1	0
STATE	9. A technically accurate program to prevent and reduce the risk of sexually transmitted infections - including but not exclusive to HIV and HPV (human papillomavirus) - is provided during the Middle School or High School years (Minnesota Statute 121A.23)	2	1	0
CDC	10. District policies impacting sexual health education delivery have been identified	2	1	0
★	AND updated to reflect the District's approach to providing sexual health education			

Professional Development & Training				
Key	Feature	Rating		
★	1. Teachers facilitating the sexual health education curriculum receive formal training on the curriculum	2	1	0
★	2. Teachers facilitating sexual health education receive skills-based training on essential core competencies	2	1	0
★	3. Teachers facilitating the sexual health education curriculum receive formal training on: <ul style="list-style-type: none"> A minor's right to access sexual health care services (Minnesota Statute 144.343) Mandated reporting - Reporting of maltreatment of minors (Minnesota Statute 626.556) 	2	1	0

	<ul style="list-style-type: none"> How to handle student disclosures (pregnancy, sexual identity, and sexual assault) 			
★	<p>4. A teacher observation is conducted to support and coach the teacher facilitating sexual health education based on observable instructional practices</p> <p style="text-align: center;">AND</p> <p>The teacher observation form is informed by best practices in sexuality education delivered in school settings</p>	2	1	0
★	5. Teachers facilitating the sexual health education curriculum receive ongoing coaching and targeted support	2	1	0

Family Engagement				
Key	Feature	Rating		
★	1. School Principal or District level staff have established a plan to communicate with parents about the curricula, which includes being prepared to answer parent concerns or parent misinformation	2	1	0
STATE	2. The District has a procedure for a parent/guardian to review the content of the instructional materials for sexual health education to be provided to a minor child (Minnesota Statute 120B.20)	2	1	0
STATE	3. If the parent/guardian objects to the content, the teacher delivering sexuality education understands how to make reasonable arrangements for alternative instruction (Minnesota Statute 120B.20)	2	1	0
CDC ★	4. The District facilitates opportunities for parents/guardians to learn skills to be effective sexuality educators for their child	2	1	0