# Connections

From the Director of the National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention (NCHHSTP)

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CDC released a newly updated <u>Health Education Analysis Tool (or HECAT)</u> through an <u>online platform</u>. The HECAT is an assessment tool that can help school districts and educators perform a complete and consistent analysis of their health education curricula. Schools can use the results of a HECAT assessment to select or develop effective health education curricula, along with enhance existing curricula. This

improves the delivery of health education to help build healthy behaviors and healthy outcomes among school age youth.

Along with notable revisions to the sexual health module, the tool contains eight other modules. These include:

- alcohol and other drugs,
- · food and nutrition,
- · mental and emotional health,
- personal health and wellness,
- physical activity,
- · violence prevention,
- · safety, and
- · tobacco.

## New Sexually Transmitted Infections (STI) Treatment Guidelines, 2021

CDC released the STI Treatment Guidelines, 2021. These include updated treatment recommendations for chlamydia, trichomoniasis, and pelvic inflammatory disease. CDC released updated treatment guidelines on gonorrhea late last year.

New 2021 STI Treatment
Guidelines Updates

Treatment
regimens

Management
guidance
guidance
diagnostic tests
www.cdc.gov/istd/treatment\_guidelines/

There are also several **online provider** 

<u>resources</u>, including an updated wall chart and pocket guide, as well as access to training and technical resources.

### **New HIV Surveillance Special Report**

CDC published data from the 2019 cycle (June 2019–May 2020) of the Medical Monitoring Project (MMP). The MMP is an annual, cross-sectional complex sample survey that reports nationally representative estimates of behavioral and clinical characteristics of adults with diagnosed HIV infection in the United States. The latest report shows that, among adults with diagnosed HIV, an estimated 79% remained in care during the past 12 months. Approximately 61% of adults sustained viral suppression, defined as having all viral loads during the past 12 months as being undetectable.

#### **New from CDC**

**Back to School Resources** 

**Classroom Management Webpages** 

CDC's STI Treatment Guidelines: Using History to Inform the Future of STD Management

Questions and Answers About
Tuberculosis: Now in Spanish, Tagalog,
and Vietnamese

<u>Viral Hepatitis Surveillance and Case</u> <u>Management</u>

### **Upcoming Events**

September 1-30: National Sexual Health Awareness Month

September 18: National HIV/AIDS
Aging Awareness Day

September 21: Webinar on
Considerations for the New FourMonth Rifapentine Moxifloxacin
Regimen for Drug-Susceptible TB in
the United States

September 27: National Gay Men's HIV/AIDS Awareness Day

October 15: National Latinx HIV/AIDS

Awareness Day

#### On the Web

Podcast: For Adults with HIV, Lack of Viral Suppression is Linked to Lower Case Engagement and Increased Barriers to Use





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Office of the Director