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CDC released a newly updated Health Education Analysis Tool (or HECAT) through an online platform. The HECAT is an assessment tool that can help school districts and educators perform a complete and consistent analysis of their health education curricula. Schools can use the results of a HECAT assessment to select or develop effective health education curricula, along with enhance existing curricula. This improves the delivery of health education to help build healthy behaviors and healthy outcomes among school age youth.

Along with notable revisions to the sexual health module, the tool contains eight other modules. These include:

• alcohol and other drugs,
• food and nutrition,
• mental and emotional health,
• personal health and wellness,
• physical activity,
• violence prevention,
• safety, and
• tobacco.

New Sexually Transmitted Infections (STI) Treatment Guidelines, 2021

CDC released the STI Treatment Guidelines, 2021. These include updated treatment recommendations for chlamydia, trichomoniasis, and pelvic inflammatory disease. CDC released updated treatment guidelines on gonorrhea late last year.

There are also several online provider resources, including an updated wall chart and pocket guide, as well as access to training and technical resources.

New HIV Surveillance Special Report

CDC published data from the 2019 cycle (June 2019–May 2020) of the Medical Monitoring Project (MMP). The MMP is an annual, cross-sectional complex sample survey that reports nationally representative estimates of behavioral and clinical characteristics of adults with diagnosed HIV infection in the United States. The latest report shows that, among adults with diagnosed HIV, an estimated 79% remained in care during the past 12 months. Approximately 61% of adults sustained viral suppression, defined as having all viral loads during the past 12 months as being undetectable.